

Hot Foods		Stocks, Soups, and Sauces		Garde Manger/ Cold Pantry	
	1 2 3		1 2 3		1 2 3
Meat Proteins					
Dry-Heat Cooking Without Fat:		Stocks:		Forcemeats:	
Grilling/Broiling	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	White Stock	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Pates/Terrines	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Roasting/Baking	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Brown Veal Stock	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Galantines/Ballotines	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Dry-Heat Cooking With Fat:		Soups:			
Sautéing	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Consommé	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Mousselines	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Pan-Frying	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Puree Soups	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Mousses	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Deep-Frying	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Veloute /Cream Soups	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Sausages	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Moist-Heat Cooking:		Mother/Classic Sauces:		Salads:	
Shallow Poach	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Béchamel/Veloute	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Toss Green Salad	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Poaching	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Espagnole/Demi-Glace	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Composed Salad	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Combination Cooking:		Contemporary Sauces:			
Stir-Frying	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Tomato	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Combination Salads	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Braise/Pot Roasting	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Hollandaise/Béarnaise	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Pasta Salads	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Stew/White Stews	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Fond Lie/Jus Lie	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Meat Salads	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Vegetables and Starches:		Coulis	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Vegetable Salads	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Moist-Heat Cooking		Beurre Blanc/Rouge	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Sandwiches:	
Rice Pilaf	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Compound Butter	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Cold Sandwiches	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Risotto	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Infused Oil	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Hot Sandwiches	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Blanching/Parboiling	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Cold Savory Fruit Sauce	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Open Faced Sandwich	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Pasta Method	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Salsa/Chutney/Relish	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Grilled Sandwich	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Boiling	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Pesto/Tapenade	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Pizza	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Dry-Heat Cooking With Fat:		Mayonnaise/Aioli	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Canape	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Sautéing	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Vinaigrette	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Buffets and Presentations:	
Pan-Frying	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Emulsified Vinaigrette	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Cold Food Buffet	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Deep-Frying	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			Hot Food Buffet	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Other Techniques:				Hors D'oeuvre Buffet	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Baking "En Casserole"	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			Ice Carving	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Puree	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			Vegetable Carving	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Pureed and Baked	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			Aspic	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Pureed and Deep-Fried	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			Chaud Froid	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Boiling And Baking	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			Cold Soups	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Boiling And Deep-Frying	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>			Eggs:	
				Omelet	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
				Poached	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
				Savory/Sweet Soufflé	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
				Quiche	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
				Hard Boiled	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

Accomplished Without Assistance 1
 Performed With Assistance 2
 Did Not Attempt Or Needs Improvement 3

Baking/Pastries	1	2	3	Baking/Pastries	1	2	3
Quick Breads:				Specialty:			
Muffin Method	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Pate a Choix	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Biscuit Method	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Strudel/Phyllo	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yeast Breads:				Sauces:			
Straight Dough Method	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Creme Anglaise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Modified Straight Dough	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Fruit sauces	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sponge/Rich Dough	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Caramel sauces	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brioche	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chocolate sauces	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Roll-in Dough:				Sabayon	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Danish	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coulis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Croissant	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Frozen Desserts:			
Puff pastry dough	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Ice creams/Sorbets	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pie Dough:				Frozen soufflés	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3/2/1	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other Desserts:			
Pate Brisee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Poached fruits	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pate Sucrie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Custards	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cream Cheese Dough	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Crème Brulee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Linzer Dough	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Bread/Brioche Pudding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cakes and Dough:				Garnishes:			
Creaming Method	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chocolate Cigarettes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Two Stage Method	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Piped Chocolate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Genoise/Sponge	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chocolate Fans	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Flourless Cake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Chocolate Ribbons	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tuille/Hippenmasse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Spun Sugar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ladyfingers	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Candied Fruit	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Meringue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Caramelized Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Macaroons	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Cookies							
One Stage Method	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Creaming Method	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Sponge Method	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Bars	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Brownies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Shortbread	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Fillings/Coverings:							
Pastry Cream	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Bavarian/Mousse	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Buttercreams	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Ganache	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Pecan/Hazelnut Filling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Frangipane	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Fudge/Flat icing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Fondant	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Royal Icing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Glazes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Praline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				